

OUR GOALS

The aim of the project is to raise older adults' awareness of online safety and improve their digital skills by promoting safe online habits. This will be achieved through an e-book with real-life cybercrime case studies, virtual lessons and pilot training sessions.

The project will also prepare trainers to educate older adults about online safety by providing a modern training programme and developing their skills. In the long term, it aims to reduce digital exclusion by strengthening seniors' digital competences.

WHO ARE WE ADDRESSING ?

-  Adults over 65 years of age
-  Adult trainers and educators
-  Educational institutions for the elderly

WHAT WILL WE DO?

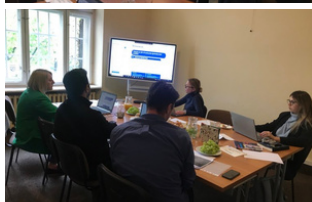
We will organize a range of activities that will directly and indirectly help older adults develop their digital skills.

- Organize an international training course in Slovenia for adult educators on teaching online safety to seniors.
- Develop educational materials on online safety for older adults.
- Deliver four pilot cybersecurity training sessions for 100 seniors.
- Run an awareness campaign on cybersecurity reaching 300 participants.

WHAT WILL BE THE RESULTS ?

- Educational materials on online safety for older adults, including case studies and virtual lessons.
- A training programme for adult educators on teaching online safety to seniors.
- Training for 25 educators through an international cybersecurity course.
- Pilot training sessions for 100 seniors.
- Information events reaching 300 participants.
- A project website with an e-learning platform and Facebook page.





FIRST PARTNERSHIP MEETING IN ŁÓDŹ

APRIL 22, 2024

We are pleased to share highlights from the first partnership meeting of the Cyber Safe Senior project, held on 17–18 April in Łódź, Poland. Hosted by the project's coordinator, Instytut Nowych Technologii, the meeting brought all partners together to launch the project and plan the next stages of our work.

During the meeting, the partners:

- reviewed the project objectives and planned activities,
- agreed on the timeline for the upcoming tasks,
- focused on developing educational materials on cybersecurity for older adults,
- discussed the structure of the e-book, which will include 25 real-life case studies, educational videos and interactive quizzes,
- ended the two-day meeting with a chance to discover the culture and local traditions of Łódź.

MEET OUR LEADING PARTNER: INSTYTUT NOWYCH TECNOLOGII!

MAY 21, 2024

Our lead partner, Instytut Nowych Technologii (INT), promotes innovation and the use of modern technologies. By bringing together experts from business, education and the media, INT builds strong partnerships that support innovation and knowledge sharing.

The organisation works with small, medium-sized and large enterprises, helping them promote innovative products and services. As the project coordinator, INT plays a key role in the successful implementation of Cyber Safe Senior.

MEET A PARTNER FROM GREECE: Institute of Entrepreneurship Development

MAY 23, 2024

Institute of Entrepreneurship Development (IED) has been supporting innovation and entrepreneurship since 2005. The organisation helps individuals and communities develop new ideas through education, cooperation and international projects.

Its experience in technology, education and social innovation makes IED an important partner in the Cyber Safe Senior project.



MEET OUR PARTNER: SIMBIOZA!

MAY 29, 2024

Simbioza Genesis is one of Slovenia's leading organisations promoting digital inclusion for older adults. It helps seniors develop practical digital skills and gain confidence in using modern technologies.

By supporting lifelong learning and digital participation, Simbioza makes an important contribution to the Cyber Safe Senior project.

MEET OUR PARTNER: ILK SEN OL GENCLIK!

MAY 27, 2024

Founded in Istanbul in 2019, Be the First You promotes human rights, equality and democratic values. Through educational and international initiatives, the organisation supports active citizenship, inclusion and social participation.

Its experience and commitment make it a valuable partner in the Cyber Safe Senior project.





The European Union has introduced a comprehensive set of cybersecurity rules to better protect citizens, businesses and public institutions. One of the key regulations is the Network and Information Security Directive (NIS2), which strengthens cybersecurity across essential sectors and requires organisations to apply appropriate security measures and report major incidents.

Another important regulation is the General Data Protection Regulation (GDPR), which helps protect personal data and privacy by setting clear rules for how personal information should be collected, processed and secured.

The EU has also introduced the Cybersecurity Act, which strengthens the role of ENISA (the European Union Agency for Cybersecurity) and establishes a European cybersecurity certification framework. In addition, the European Cyber Security Organisation (ECSO) supports cooperation and innovation across Europe, while the EU Cybersecurity Strategy for the Digital Decade focuses on building a safer and more resilient digital future for everyone.

NEWSLETTER

CYBER SAFE
SENIOR



VOLUME 01
JUNE 2024



www.cybersafesenior.eu



Cyber-Safe-Senior

The newsletter was prepared as part of the Cyber Safe Senior project number 2023-1-PL01-KA220-ADU-000160325 funded by the European Union.

Funded by the EU. The views and opinions expressed are those of the author(s) and do not necessarily reflect the views of the European Union or the Erasmus+ National Agency. The European Union nor the grantor is not responsible for them.

This material is made available under the open CC.3.0 BY-NC-ND 3.0 PL license (Attribution-Non-Commercial-No Derivative Works 3.0 Polska). The license allows you to distribute, present and perform the work only for non-commercial purposes and provided that it is preserved in its original form (without derivative works). More information: <https://creativecommons.org/licenses/by-nd/3.0/pl/legalcode>



Funded by
the European Union



Instytut
Nowych Technologii



SIMBIOZA
MED GENERACIJAM