

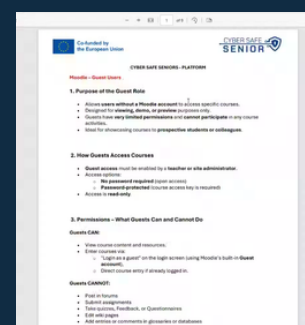
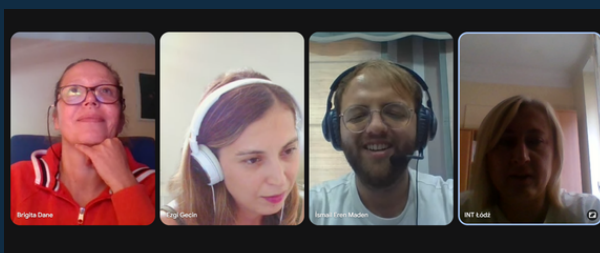
SEPTEMBER 2025 ONLINE PARTNER MEETING – KEY PROGRESS AND NEXT STEPS

5 SEPTEMBER 2025

At the beginning of September 2025, the Cyber Safe Senior partners met online to review project progress and plan the next stage of our work.

During the meeting, partners confirmed that the training programme and IMPROV case studies had been successfully completed. The focus then shifted to developing the Virtual Lessons, transforming the completed materials into clear, practical and easy-to-use online learning resources for older adults.

The new lessons combine real-life examples, interactive activities and practical guidance to help seniors build confidence and stay safe online.



VIRTUAL LESSONS

The Cyber Safe Senior Virtual Lessons will include 10 practical online learning units covering the most common digital threats faced by older adults.

The lessons explore topics such as privacy protection, phishing and smishing, emotional scams, computer and email security, financial fraud, safe online shopping, responsible use of social media, online medical services and scams involving trusted institutions.

Together, they provide practical knowledge that helps older adults recognise online risks, protect themselves and use digital technologies with greater confidence.

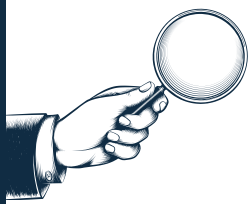


RESULTS OF THE MODULES & IMPROV CASES

Alongside the Virtual Lessons, the project has completed a collection of IMPROV case studies based on realistic situations that older adults may encounter in everyday digital life.

The scenarios cover topics such as charity fraud, phishing, Wi-Fi attacks, online shopping scams, investment fraud, cryptocurrency scams, deepfakes, smishing and the grandparent scam.

Each case helps learners recognise warning signs, understand common manipulation techniques and practise safe responses they can use in real-life situations.



EUROPEAN CYBERSECURITY MONTH

1 OCTOBER 2025

The European Cybersecurity Month (ECSM) is an annual campaign held every October to promote safer online behaviour across Europe.

The campaign brings together public institutions, educators, cybersecurity experts and organisations to raise awareness of digital threats and encourage safe online habits.

Throughout the month, conferences, webinars, workshops and training sessions help people better understand risks such as phishing, social engineering, identity theft and online fraud. The campaign also promotes simple everyday habits, including keeping devices updated, using strong passwords and verifying information before taking action.

Its key message says it all:
"Think before you click."

"THINK BEFORE YOU CLICK" – PRACTICAL ADVICE FOR SENIORS

1 OCTOBER 2025

For older adults and those who support them, the most important step towards online safety is recognising everyday risks.

Be especially careful with phishing emails and fake SMS messages, avoid acting under pressure, and always verify unexpected requests before responding.

Simple habits such as keeping devices updated, using strong passwords, enabling two-factor authentication and checking information through trusted sources can significantly improve online safety.

Taking a moment to stop, think and verify can prevent many online scams.



CYBER SAFE SENIOR SUPPORTS EUROPEAN CYBERSECURITY MONTH

1 OCTOBER 2025

Cyber Safe Senior proudly supports the goals of the European Cybersecurity Month by turning awareness into practical learning for older adults.



As part of the project, we have:

- completed the Cyber Safe Senior training programme,
- developed a collection of IMPROV case studies based on real-life cyber threats,
- created 10 Virtual Lessons covering the most common online risks,
- launched pilot training sessions with 100 participants to test and improve the educational materials.

Together, these activities help older adults build practical digital skills and stay safer online.



PILOT TRAINING SESSIONS FOR SENIORS

13 OCTOBER 2025

The first Cyber Safe Senior pilot training sessions have officially begun!

Slovenia was the first partner country to introduce the project's educational programme to senior participants. During a series of training sessions, 67 older adults developed practical skills to recognise online scams, protect their personal data and use digital services with greater confidence.

Participants were highly engaged, asking questions, sharing experiences and actively taking part in discussions. Their positive feedback confirms the importance of practical cybersecurity education tailored to the everyday needs of older adults.

PILOT TRAINING IN POLAND

10 NOVEMBER 2025

Following the successful launch in Slovenia, the Polish partner organised the second series of pilot training sessions in Łódź, welcoming more than 25 senior participants.

The workshops focused on safe internet and smartphone use, password security, personal data protection, online shopping, digital payments and recognising common online scams.

Participants also explored the project's educational materials, encouraging them to continue learning after the training.

PILOT TRAINING IN TÜRKİYE

28 NOVEMBER 2025

The third pilot training session took place in İstanbul, where our Turkish partner welcomed 18 senior participants at Darülaceze.

The training focused on helping older adults recognise modern scam techniques and develop practical skills to stay safe online.

This pilot session marked another important step in testing the project materials with different groups of participants and improving them based on real user feedback.



CYBER SAFE SENIOR ON NATIONAL TV

8 OCTOBER 2025

Our Slovenian partner, Simbioza, promoted the Cyber Safe Senior project on Slovenian national television during the programme Dobro jutro on RTV Slovenia.

The interview highlighted the October pilot training sessions taking place in Slovenia and across the partner countries. Simbioza's Director, Ana Pleško, spoke about the growing number of online scams targeting older adults, the importance of prevention and the value of intergenerational learning in building digital confidence.





www.cybersafesenior.eu



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